While getting outside for a touch of nature is important during the COVID-19 crisis, all social contact increases the risk of spreading the disease. The best way to reduce this risk is to STAY HOME.

If you do decide to visit your garden, exercise an abundance of caution. Community gardening is riskier than taking a walk. Do everything you can to keep yourself and your community safe by following these guidelines:

- **Visit the garden alone** or with members of your immediate household.
- **Practice social distancing:** stay at least an arm and a shovel (6 feet) from others.
- **If several people are gardening, come back later.** Consider limiting the garden to 1-3 people at a time: leadership teams should offer sign-up times for gardening.
- **Wash hands regularly.** Use soap, or hand sanitizer if there is no water available. Bring your own, as the supplies are limited.
- **Be aware of high-touch surfaces.** If you must touch, disinfect gate handles, water spigots, shed doors, etc., both before and after use.
- **Remove any and all personal items and trash** you bring to the garden.
- **Thoroughly wash all produce** you harvest from the garden.
- **For collective duties, make an online task list.** Work done individually or in very small groups can still be shared by the community!
- **Post signage with these guidelines and rules in public.** Remember, our first responsibility is to keep each other safe.